

THE ATLAS IS A KEYSTONE OF BODY FUNCTION.

IF YOU SHIFT THE KEYSTONE THE STRUCTURE CHANGES CAUSING FUNCTIONAL WEAKNESS

ATLAS ORTHOGONAL (AO) is a chiropractic technique that specialises in the diagnosis and correction of improper neck function.

The symptoms, however, may be elsewhere in the body, but usually can show up as:

- A head tilt**
- Uneven shoulders**
- A short leg when lying down**
- Uneven hips**
- Unequal hem(s) in clothing**
- Tight muscles**

Or, You might even be suffering with the following problems:

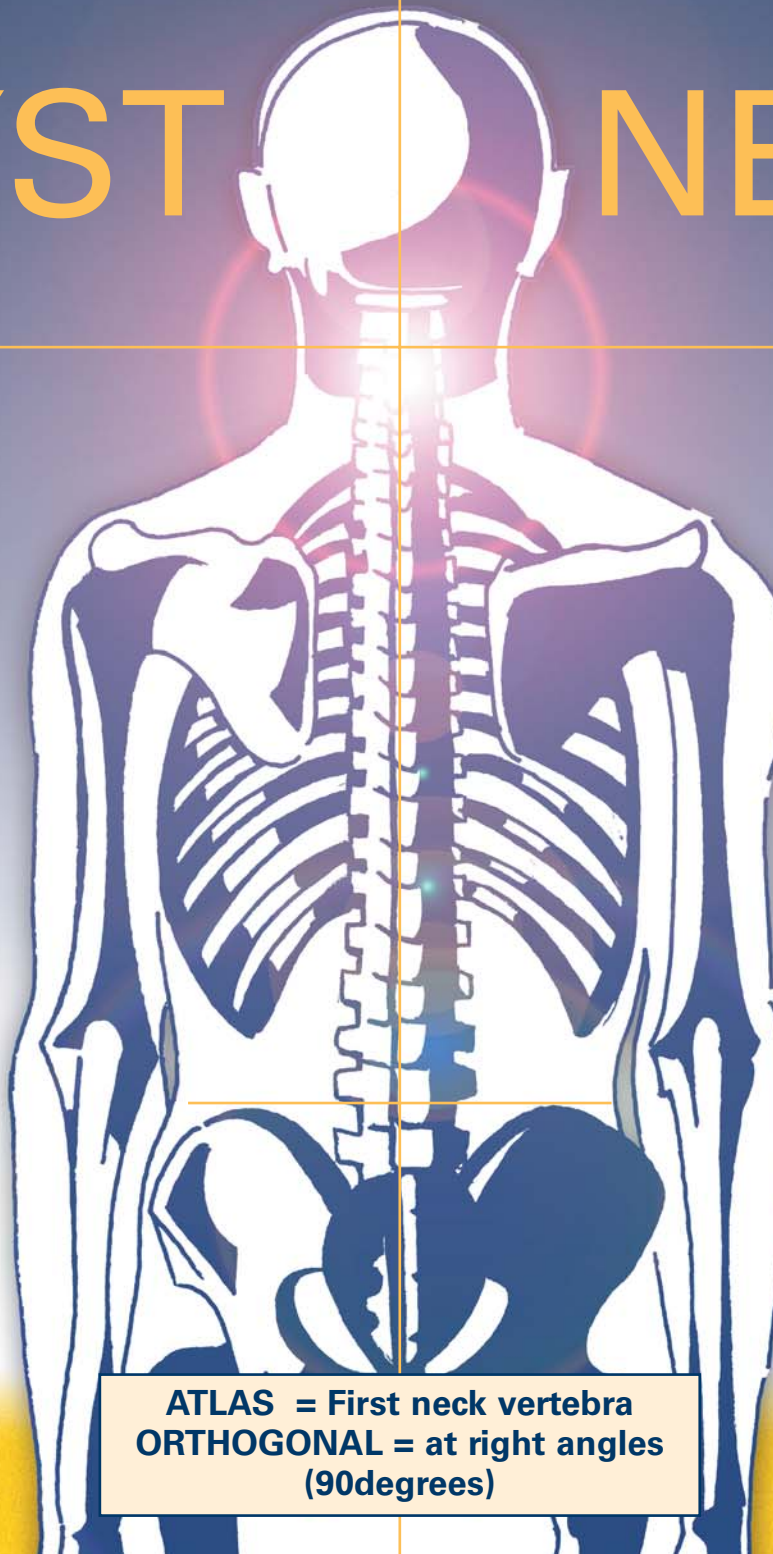
- Head aches**
- A crunching or grinding neck**
- Ear, balance or jaw problems**
- Organ dysfunction**
- Knee, hip or back pain**

...Then adjustment of the atlas (upper neck vertebra) may be needed. Chiropractors use spinal adjustment techniques to restore spinal & body function, promoting wellbeing. Chiropractors believe that the body heals itself, and occurs through proper nervous system function. If you have...

- Recurrent infections**
- Seem to catch "every virus" around**
- Feel out of balance, Twisted or Clumsy**
- Babies with Colic, Crying, Bedwetting**

Despite the best medical treatment, or precautionary tests...Then the cause just might be the atlas out of alignment.

Medical doctors and neurologists like AO chiropractic because it is not manipulation and the most delicate spine can be addressed. In Australia we are a growing body of specialised chiropractors willing to work closely with your doctor or other practitioners, including chiropractors, because not all people respond to one therapy.



ATLAS = First neck vertebra
ORTHOGONAL = at right angles
(90degrees)

HOW DOES ADJUSTING THE SPINE AFFECT HEALTH ?

The upper cervical (neck) area consists of the occiput, atlas (1st vertebra, C1), axis (2nd vertebra, C2). Chiropractors believe this area to be the most influential in the nervous system, outside of the brain. Body structure out of balance is a key sign of spinal problems which can cause or worsen a number of functional pathological syndromes.

Diagnosis will be made and reported to you and any other doctor you require, with referral if there is no response within a designated number of visits. Upper cervical misalignment, irritation, or poor motion of spinal joints is uniquely adjusted without twisting or tension in the arteries or nerves in your neck. The AO instrument uses a small wave of vibration specifically aimed at the atlas vertebra. The energy is transmitted through the skin so softly that most patients feel nothing.

AO chiropractic adjustment may help you escape drugs or surgery, or actually assist if you must undergo medical procedures. We have lots of pre and post surgical patients and nobody has to go off drugs to achieve benefit. We have seen people stay on vital medications such as epileptic, etc, where they needed some relief. So, chiropractic is not a substitute for medical care, or cure, but a specialised way of helping you further.

No practitioner today has the extent of undergraduate educational focus that chiropractors have in spinal manual diagnosis. Chiropractors graduate with spinal x ray proficiency.

PLEASE NOTE: NOT ALL CONDITIONS WILL RESPOND TO ADJUSTING STRUCTURAL BALANCE WITH CHIROPRACTIC CARE ALONE.

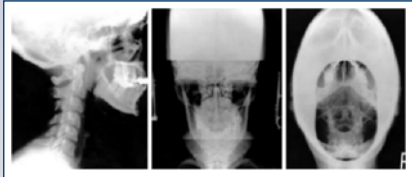
The upper cervical area is important to health because:

- 1.** It affects muscles & nerves in the head & face
- 2.** It constantly feeds info directly to brain
- 3.** It affects parts of the brain with connections to organs
- 4.** It affects postural and muscle balance producing perpetual spasm
- 5.** It can be injured in accidents due to weight of the head

HOW ARE ATLAS PROBLEMS ASSESSED BY AO CHIROPRACTORS?

By a combination of the following:

- Comprehensive health history
- Neurologic, orthopaedic & chiropractic examinations
- Diagnostic imaging (x ray, MRI)
- Leg length & postural analysis
- Scanning palpation



AO radiographic assessment is unique

THE AO CHIROPRACTOR

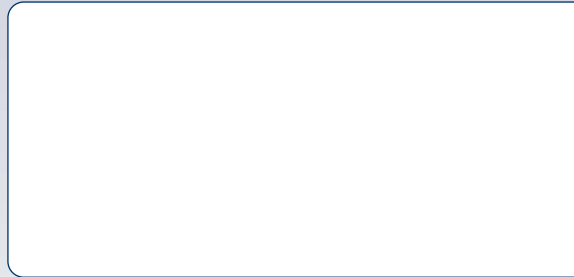
1. Atlas Orthogonal (AO) chiropractors, like other chiropractors focusing upon a particular technique, do extra study in addition to their university degree(s), focusing on the upper neck area. The neck is such an important area that it has an affect on whole body function.
2. You might try AO if you prefer relief without manual manipulation, drugs or surgery, or you were referred by another chiropractor.
3. Chiropractic care may offer you the approach to your problems not duplicated by other health professions
4. AO has helped people with a multitude of health problems. You can view some cases that have responded on our website:
www.atlasorthogonal.com.au

AO STANDARDS OF CARE

- AO Chiropractors don't just treat symptoms of diseases, but are trained diagnosticians to aid condition-based management & refer for, or assist, medical treatment when needed.

• NOT ALL CONDITIONS RESPOND ALIKE. You will not be led to believe that your condition will respond with certainty. You will be placed on a schedule of care with expected results within a *reasonable* designated period of time, gauged *individually* for you or your child. If conditions persist, without change, another form of chiropractic, or health care, will be advised.

• Chiropractors are primary contact (no referral needed) health practitioners, not therapists, technicians, masseurs or medical practitioners. They do work with all the above to help you get well.



NB: there are no extensive scientific trials showing that chiropractic "cures" named diseases. There is, however, a century of clinical evidence showing that chiropractic care helps many people and is based on a sound university education.

enquiries: info@atlasorthogonal.com.au

References : atlasorthogonal.com.au/references.html

A percussion instrument is used to adjust the vertebra at calculated angles with an energy wave of minimal force – without drugs or surgical intervention



www.atlasorthogonal.com.au

Atlas Orthogonal Chiropractic

A Chiropractic approach to Wellness
without manual manipulation



Atlas Orthogonal Chiropractic Australia Ltd is endorsed by Dr Roy Sweat, Founder, Atlanta, Georgia USA.