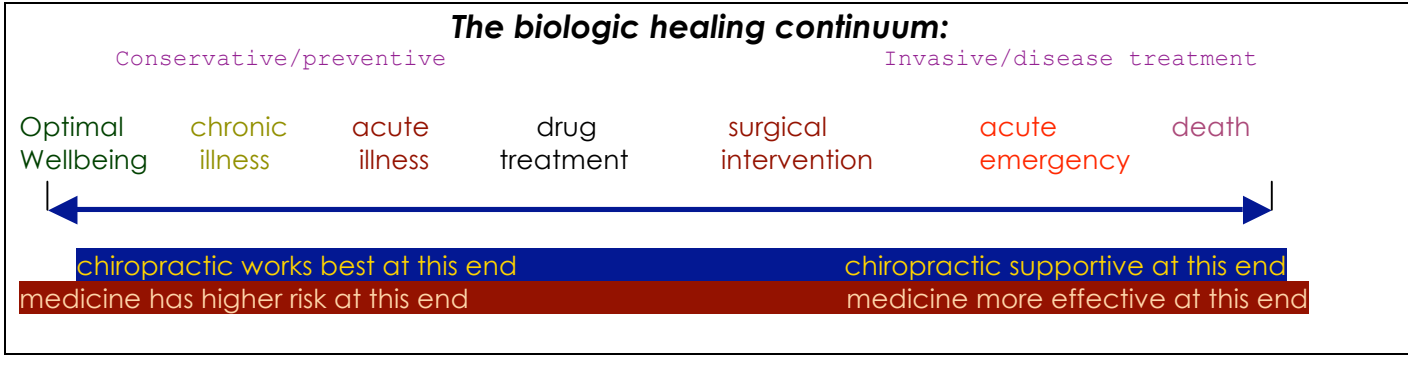
Indications for chiropractic utilisation

By Joe Ierano DC www.spine.net.au

Chiropractic care involves a functional approach to health, through addressing bio-structural integrity.
Treatment approaches based on symptomatic control *alone* have their place, but are different in principle, to chiropractic.

Chiropractic looks at the continuum of health[i] from the ability of the body to heal itself without invasive procedures, to the situation where body physiology can no longer adapt or compensate. So what you *don't* do is just as important as the intervention. This can be readily visualised as such:



Therefore, chiropractic works well when conservative, non-invasive care is indicated. Where pathology or diagnosed conditions exist, supportive co-management can be of benefit. In emergency situations, medicine must be sought.

[1] Adapted from Strang, V. Essential Principles of Chiropractic. Palmer College of Chiropractic. Davenport. 1984; p19.